

Size Chart

Body Measurements

Chest: Measure around the widest part of the chest.

Waist: Measure around the narrowest part, usually at the lower back where the body bends to the side.

Hip: Measure around the widest part of the hips.

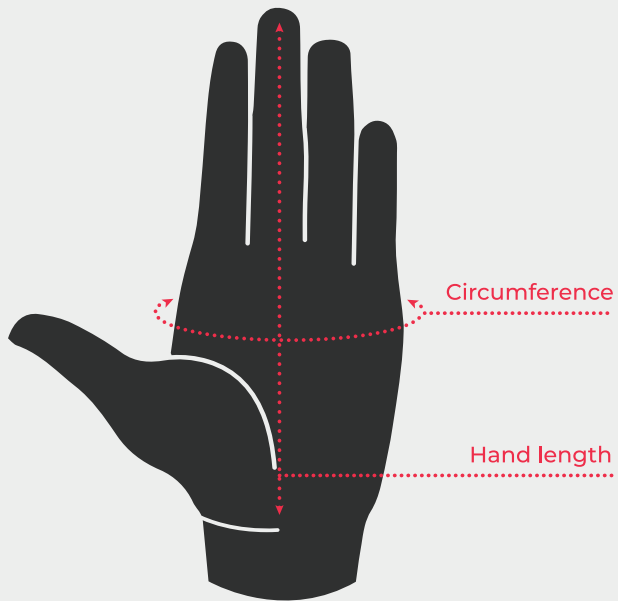
Women	XS	S	M	L	XL
Chest	78-84 cm	84-90 cm	90-96 cm	96-103 cm	103-110 cm
Waist	61-67 cm	67-73 cm	73-79 cm	79-86 cm	86-93 cm
Hip	87-93 cm	93-99 cm	99-105 cm	105-112 cm	112-119 cm

Men/ Unisex	XS	S	M	L	XL	XXL	XXXL
Chest	84-90 cm	90-96 cm	96-102 cm	102-110 cm	110-118 cm	118-126 cm	126-134 cm
Waist	68-75 cm	75-83 cm	83-89 cm	89-97 cm	97-105 cm	105-113 cm	113-121 cm
Hip	86-92 cm	92-98 cm	98-104 cm	104-110 cm	110-116 cm	116-122 cm	122-130 cm

Size Chart Gloves/Mittens

Hand length: With the hand open, measure from the tip of the middle finger down to the crease between the palm and the wrist.

Circumference: With the hand open, measure around the circumference of the hand over the knuckles.



Gloves/Mittens						
US Size	XS	S	M	L	XL	XXL
EU Size	6	7	8	9	10	11
Circumference	181 mm	194 mm	206 mm	219 mm	231 mm	244 mm
Length	165 mm	176 mm	187 mm	198 mm	209 mm	220 mm



Size Chart Socks

Socks		
SIZE	EU	UK
XS	34-36	2-3
S	37-39	4-6
M	40-42	7-9
L	43-45	10-12

Size Chart Insoles

The Heated Insoles come in four different sizes. Each size can be cut to fit your shoes, within the limits given in the size table. Take out your existing insoles from the shoe(s) you plan to use your heated insoles in, and measure the length to make sure you choose the right size.



Insoles			
SIZE	EU	UK	LENGTH IN MM
S	35	2,5	231
	36	3	238
	37	4	244
M	38	5	251
	39	6	258
	40	6,5	265
L	41	7	271
	42	8	278
	43	9	284
XL	44	9,5	292
	45	10,5	298
	46	11	305